



**South West Wales  
Brain Injury Group**

**Friday 18 May 2018  
Liberty Stadium, Swansea**

# The South West Wales Brain Injury Conference 2018

**£35 Professional and Corporate**

**£10 Students**

**Free for non-professional Headway  
members, brain injury survivors & non  
paid carers**

*Pictures will be taken at this event to be used on our website and social media, if you do not wish to have your picture taken please advise us prior to or on the day of the event.*

**Book your place at:**

[swwbic-2018.eventbrite.co.uk](https://swwbic-2018.eventbrite.co.uk)

Tweet your questions using  
**#swwbic2018**



**JCP Solicitors**  
INJURY SPECIALISTS



**Fieldbay**



the brain injury association

**Chair - Dr Jeremy Tree**  
Associate Professor - Psychology Department,  
Swansea University

### Morning Agenda

**9:00** Registration, refreshments & networking

**9:25** Welcome address

#### **9:30 Identity Change after Brain Injury**

Dr Fergus Gracie - Senior Research Fellow and  
Consultant Clinical Neuropsychologist

#### **10:15 Epilepsy after Brain Injury**

Professor Rob Powell - Consultant Neurologist

**11:00 Refreshments break & networking**

### **2nd Registration Opens**

#### **11:30 Survivor Story**

Joanna Rhydderch and Dr Nia Wyn Davies,  
Clinical Psychologist

### **12:00 Managing Headaches after Brain Injury**

Dr David Abankwa - Consultant in  
Rehabilitation Medicine

**12:45 Lunch & networking**

### Afternoon Agenda

**13:45** Return to plenary session

**14:00** Break into workshops

#### **14:15 Workshop choice 1**

**15:00** Move to second workshop

#### **15:15 Workshop choice 2**

**16:00** Return to plenary session  
SWWBIG chair's closing remarks

**16:30** SWWBIG AGM  
*optional for members*

## Workshops

On booking you will be asked to choose TWO of the below workshops to attend.

**A. Dr Andrew Kemp - Associate Professor - Enhancing Positive Emotion and Laughing Yoga** - This presentation will explore the tight linkage between our mental and physical health, by drawing on the most recent science and engaging in several interactive activities. Recent scientific studies link positive and social emotions to a longer lifespan, effects that may rival many traditional risk markers for morbidity and premature mortality, such as diabetes, obesity and physical inactivity.

**B. Joanne Humphreys and Nordoff Robbins – Benefits of Music Therapy** - In this workshop we'll explore the ways in which we use music in everyday life, and consider how music therapy builds on this to achieve positive outcomes. There will be an opportunity for listening to examples of music therapy work, thinking about the role of music therapy in the MDT, and some active music making.

**C. Fieldbay – Positive Behaviour Management** - Positive Behavioural Support is a person centred approach to managing behaviours that can be challenging. During this workshop you will hear about the approach and its application in a residential setting for people with complex needs.

**D. JCP Solicitors - Powers of Attorney and Wills – Know the Basics** - This session aims to provide basic training for healthcare professionals working in the community, about how these legal documents could help to provide peace of mind to individuals and their families, to plan ahead for a situation where capacity could be lost unexpectedly.